

The Living Experience of Practicing Distance Healing on Non-Human Subjects

An Overview

Distance healing, also identified as remote or absent healing, refers to a form of alternative or complementary therapy in which an individual channels positive energy, intention, or spiritual healing practices to a recipient who is physically separated from them. Unlike traditional healing methods that involve direct physical contact, distance healing operates on the belief that energy transcends physical boundaries and can be transmitted over any distance.

Practitioners of distance healing often use various techniques such as Reiki, prayer, visualization, or other energy-based modalities to promote balance, harmony, and well-being in the recipient.

The underlying concept is rooted in the idea that the healer can tap into a universal energy source and direct healing intentions to the recipient, regardless of their location. Distance healing is often employed to address physical, emotional, or spiritual imbalances, with the goal of facilitating the body's natural ability to heal itself and promoting a sense of holistic wellness.

Distance Healing with Non-Human Subjects

Distance healing with non-human subjects involves applying the principles of energy healing or holistic practices to promote well-being and balance in the subject, even when the sender and the receiver are physically separated. This form of practice recognizes the interconnectedness of energy and the potential for influencing wellbeing to occur across distances.

Practitioners of distance healing for animals and other non-humans (for example, plants) may use various techniques, such as Reiki, energy visualization, or intention setting, to send positive energy and healing intentions to the subject. The belief is that this energy can positively influence the recipient's physical, emotional, and spiritual state, supporting its overall health and vitality.

The process typically involves the sender focusing on the specific needs or issues of the receiver and directing healing energy toward them, regardless of the physical distance. This approach is often employed to address a variety of concerns, including stress, anxiety, physical ailments, behavioral issues, or to support general well-being.

This Study

This study will explore the living experience of practicing distance healing on a non-human subject. Participants can choose a non-local, non-human participant if they wish, or one will be designated. If designated, participant will receive all necessary information during initial overview call.

The duration of this study is 30 days. Participant will be asked to 'send' energy to their subject daily for a minimum of 3 minutes. The focus of energy will be simply general well-being. The

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important aspect of this study is not only the practice of sending, but also the follow-up reflective journaling from each session. This will be discussed in more detail during the initial overview meeting.

Knowledge or experience with Distance Healing is not required. Participants will be provided simple techniques and guidance at the onset of this study. Support will be provided throughout the duration. Additionally, participants will be able to access resources and assistance through our private group via Mighty Networks. Details and clarification provided during the initial meeting.

After 30 days, participants will share their findings/experiences via interview and/or through sharing reflective writing as appropriate and if desired.

For more information, please feel free to contact us.